



September 24, 2023, Jacob Wrestles God

Genesis 32:[9-13] 22-30

Use this resource at home to guide your household's daily devotions.



Pray: Light a candle and open your devotion time with a prayer.

God of blessing, we often find ourselves wrestling with ourselves, with others, and with you. Give us peace in our hearts and call us back to what you would have us be. Amen.



Read: Read the key verse from Sunday's reading.

Then [the man] said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." Genesis 32:26



Reflect: Reflect on the scripture summary.

An all-night wrestling match with a mysterious stranger leaves Jacob with a dislocated hip, but also a new identity as the father of God's people.



Connect: Connect in conversation with others in your household.

- What was a high point of your day? What was a low point?
- Think of a public argument you have seen, perhaps in the political arena or at a sporting event. What was the reaction of the crowd? How did it change the atmosphere?
- Do you think you are worth fighting for? Do you fight against injustice? Why or why not?
- For the littles: What is something that's hard to do?



Bless: Close your devotion with a blessing.

Feel the rich blessings of God even when you face struggle. Amen.



Do: By acting on what we learn, we make God's word come alive. Do the following activity this week.

Sometimes, people struggle in secret. Reach out to friends you haven't heard from in awhile to check in—bring food and visit someone who seems to be stuck in a rut!

Daily Readings	Narrative Lectionary Readings
Sunday	Genesis 32:1-30
Monday	Genesis 33:1-11
Tuesday	Genesis 30:22-24; 41:1-16
Wednesday	Genesis 41:25-36
Thursday	Genesis 41:37-45
Friday	Exodus 1:8-14
Saturday	Exodus 1:15-2:10
Sunday	Exodus 3:1-15